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Jim Phillips

The Sexy, Seductive Side of Life

The sexy, seductive side of LIFE

We might not think of life as being sexy or seductive when we think of life as the cumulative events that occur around the world and within our individual lives. Especially, when we see or experience those that are challenging or difficult.

However, life is sexy and seductive when the word LIFE is used as the acronym for Living In Full Expression. LIFE is being, creating, experiencing and expressing the grandest version of one's Self in any given moment under any set of circumstances.

Who you are being, and more specifically, who you are experiencing your Self to be under difficult, challenging situations is living in full expression. Who you are being and experiencing under happy, joyful circumstances is living in full expression. Living in full expression is being bold, courageous, happy, sad, joy-filled, angry, vulnerable, passionate and strong. It is being the experience of all of these feelings and emotions as we are open and receptive to the goodness of life, even those things that we label as bad, challenging or difficult. Living in full expression is the knowing that all of life's events are created for the purpose of our truest, fullest experience and expression of Self.

Living in full expression allows for the grandest experience of Self, regardless of what is happening around us. This doesn't mean we are oblivious to what is happening around us, quite the contrary, we are more fully aware of what is happening around us. More importantly, we are fully aware of what is happening within us, which is our experience of Self in that moment.

The Sexy, Seductive Side of Life

You might be wondering how LIFE can be sexy and seductive. Think about the people in your life to whom you are most attracted, not in the sense of physical attraction, although this is a part of it, but those with whom you just want to hang out and be around. What is it that attracts you and others towards them? What is it you that attracts others towards you?

LIFE is an attracting energy, meaning that when someone is living from their heart, their true Self, their core essence, they are being authentic. We are attracted to this authenticity. We innately know that what we see in someone living in full expression is a demonstration of who we are. We might not know it or recognize it in the moment, but we are drawn toward it.

Sexy and seductive are words that describe things we find alluring, interesting, fascinating, provocative and excitingly appealing. When we live life in full expression this is our view of life. We see all that life has to offer, every opportunity, every experience, as alluring, interesting, fascinating, provocative and excitingly appealing. We know there are challenges (opportunities) and yet there is something exciting and seductive about our expanded experience of Self as we move through and beyond the challenge to the benefit that each challenge offers.

What is it about those who live in full expression that we find sexy and seductive? They are bold and courageous, willing to step into uncertainty knowing that on the other side of uncertainty lies their magnificence. They are confident, unflappable no matter the circumstances, and reside in a place of peace and calm. They accept responsibility for their life experiences and truly know that each was created for the purpose of experiencing and expressing themselves under a variety of circumstances.

Those living in full expression are passionate about life and all that it offers. They are curious and look upon life through eyes of wonder and possibility, not eyes of challenge, difficulty or limit.

The Sexy, Seductive Side of Life

When Life is viewed as sexy and seductive you are attracted to it, all of it, because you know it is being created so that you can live in full expression of who are you. And life is attracted to you because it is compelled to provide you what you need and desire for your full expression.

What is it that allows those living in full expression to live from this sense of calm and peace and look at the potential of life? It can be summed up in one word, trust. They trust, purely and simply. They trust themselves. They know that they are and have everything they need to live life fully and completely. They trust life. They know that life is in partnership with them, not an adversary or competitor. They trust that life does, has, and always will provide what is needed to have the experiences of Self they truly desire.

Does this mean someone living in full expression will live a life free of challenge, difficulty or sadness? No, it means that even within every life experiences they are joyful, at peace and calm. They know and trust that each experience is what will allow for their most sublime experience and expression of Self.

Think about trust, the experience of trust. If you had full trust in your Self what would you do? How would you approach life? What could you accomplish and experience? Add to this your trust that life is in partnership with you and always provides what you need to have the life experience you desire. How different might your overall experience of life be? What decisions would you make?

The Sexy, Seductive Side of Life

Will there at times be outcomes other than what you anticipated? Yes, but trust gave you the courage, the willingness, to step into your magnificence by doing something you might not have otherwise done. It gave you an experience and expression of your Self that only taking that specific action offered. Living in full expression is the means for continuously expanding your experience and expression of Self, your very reason for being on this planet.

The next time you see someone that you are drawn to, question why. What is it about this person that you find sexy and seductive? Could it be they personify LIFE?

Article by Jim Phillips for Nothing but Good News Magazine.

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Jim Phillips is a speaker, seminar leader, author and certified life and spiritual coach. For the better part of 30 years he has been an entrepreneur and business leader inspiring others to higher levels of achievement and success through his inspirational presentations and seminars throughout the United States and parts of Europe.

His true passion is the exploration and application of spiritual law as it applies to prosperity and overall quality of life. One of Jim's gifts is his ability to help others understand and apply spiritual concepts and wisdom to their personal life. His book, [The Key to LIFE](#) is available on [Amazon.com](#). Jim currently resides in Aldie, VA where he continues his writing, speaking and coaching. To learn more, email at jim@prosperitybydesign.com or visit www.livinginfullexpression.com